“If Amy notifies Bella, she has to tell Caroline.” So who has to tell Caroline? It’s not clear, is it? The grammar rule says that you go back to the last-used noun to which it’s capable of referring. So that would mean that you go back to Bella. “She” must mean Bella, so it’s Bella who has to tell Caroline. Logically though, or practically, I think it was probably meant to be Amy. So how do we make it clearer? Well, we either say “If Amy notifies Bella, Bella must tell Caroline” or “If Amy notifies Bella, she must also tell Caroline”.